



## Treatment In Iowa: Addressing Substance Use and Gambling Disorders



### Why is treatment important to Iowans?

- Substance use and gambling disorders represent clinically significant impairment caused by recurrent alcohol and drug use and gambling, including health problems, disability and failure to meet major responsibilities at work, school or home.
- About 223,000 adult Iowans (9.2%) have a substance use disorder, and about 18,500 (.8%) have a gambling disorder.
- About 215,000 Iowans aged 12 or older (8.1%) report use of illicit drugs in the past 30 days.
- The combined direct and indirect costs of substance use disorders reaches into the hundreds of billions of dollars annually in the U.S. (health care, law enforcement, motor vehicle crashes, crime and lost productivity).
- During fiscal year 2019, of those Iowans admitted for substance use disorder treatment, 36.4% identified alcohol, 23.2% identified marijuana, 29.4% identified methamphetamine, and 6.6% identified opioids as their primary substance use problem. (cont.)

### Did you know?

About 1 in 10 Iowans who could benefit from substance use disorder treatment actually reach out and receive help. About one in 100 Iowans struggle with problem gambling.

### A focus on health equity

Through the [SAPT Block Grant \(SAMHSA\)](#) and other SAMHSA discretionary grants, Iowa receives federal dollars that support targeted treatment services for pregnant and post-partum women and their children.

### What does the department do?

- Ensures and promotes a recovery-oriented system of care that welcomes and engages Iowans at any and all points in their personal recovery.
- Ensures that a full continuum of [substance use](#) and [gambling disorder](#) assessment, treatment and recovery support services are available to residents of all 99 Iowa counties by funding the Integrated Provider Network (IPN) to provide counseling for Iowans and their family members with financial need who are impacted by problems related to the use of alcohol, other drugs or gambling.
- Funds helpline information, resource and referral services through [Your Life Iowa](#).
- Funds specialized services for [pregnant and postpartum women and their children](#).
- Funds training and professional development for counselors and other health professionals treating substance use, gambling and common co-occurring medical and mental health disorders.
- [Licenses](#) and monitors approximately 100 substance use disorder facilities. Twenty of these facilities are licensed to provide problem gambling treatment.
- Commits to provide a broad array of best practices including [Medication Assisted Treatment \(MAT\)](#) for prescription drug and opioid use disorder treatment.

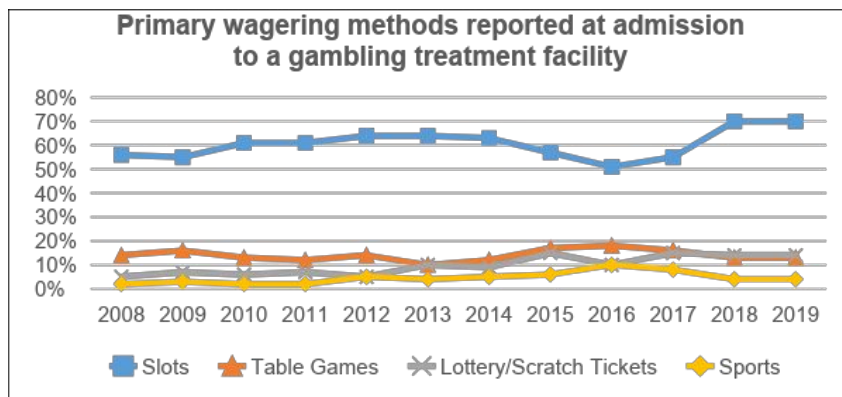
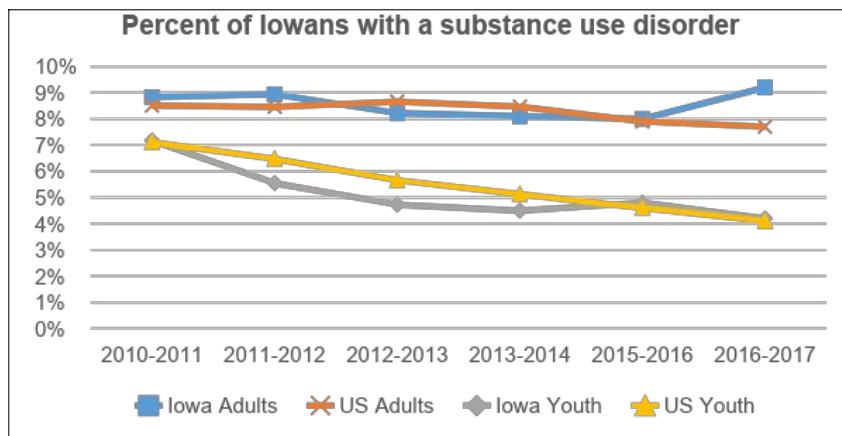


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## Why is treatment important to Iowans? (cont.)

- In fiscal year 2019, of those Iowans admitted for problem gambling treatment, 70% identified slots, 12.9% identified table games, 14.1% identified lottery/scratch tickets, and 4.1% identified sports as their primary wagering method at the time of admission.
- Iowa offers many gambling/gaming opportunities (19 casinos licensed by the [Iowa Racing and Gaming Commission](#), four tribal casinos, [2,400 lottery outlets](#), over [2,200 licensed social, charitable and amusement gambling options](#)), and [5,452 registered amusement devices](#).
- Treatment is effective in reducing or eliminating problems related to the use of alcohol, drugs and gambling. [Iowans can and do recover!](#)

## How do we measure our progress?



## What can Iowans do to help?

- If you know someone who needs help with an alcohol or drug problem, encourage them to call the Your Life Iowa Helpline (24 hours a day, 7 days a week) at 1-855-581-8111, text 855-895-TEXT (standard data rates may apply) or chat online at [yourlifeiowa.org](#).
- Learn more about the [impact of opioids](#) in Iowa.
- Learn more about [substance use](#) and [gambling disorder](#) treatment services in Iowa.

## Resources

	SFY 2018 Actual	SFY 2019 Actual	SFY 2020 Estimate
State Funds	\$18,427,422	\$18,163,169	\$18,225,579
Federal Funds	\$14,835,868	\$14,758,437	\$19,498,339
Other Funds	\$30,495	\$27,215	\$587,015
<b>Total Funds</b>	<b>\$33,293,785</b>	<b>\$32,948,821</b>	<b>\$38,310,933</b>
FTEs	12.54	12.77	18.48